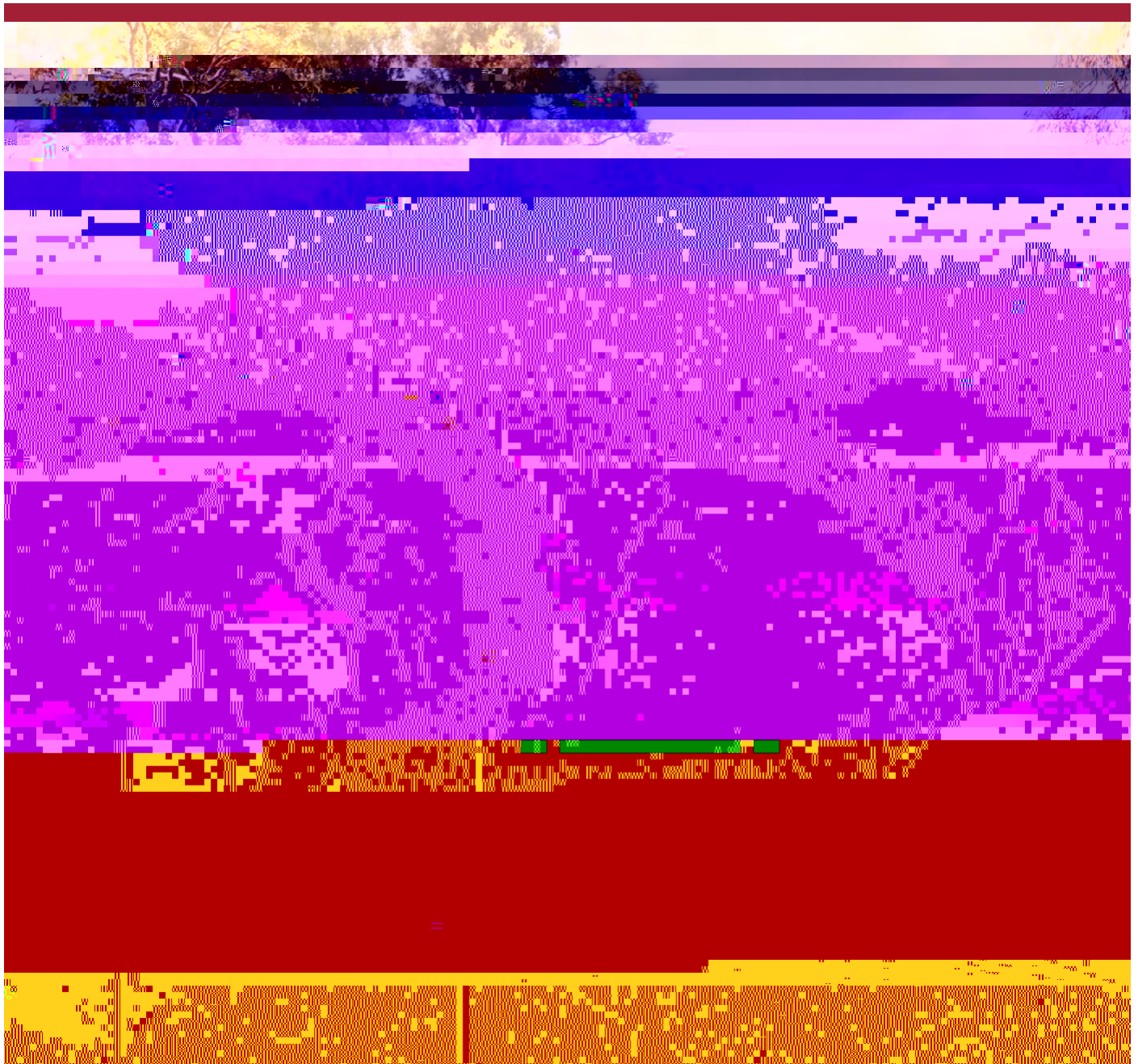




**PRINCE
ALFRED
COLLEGE**



February 2023

Dear Parents,

Your son will soon be taking part in the Year 5 Cultural Perspectives Program at Scotts Creek. In this program, students will have the opportunity to explore ways that the land and river was used by Indigenous people before and after European settlement. Students will take part in an Aboriginal journey, examine traditional hunting artefacts and tools, listen to dreamtime stories around a campfire and have an opportunity to create a piece of Aboriginal inspired artwork.

Outdoor Education at Prince Alfred College

Outdoor education in the IB Primary Years Programme (PYP) is concerned with the individual's well-being through the promotion and development of concepts, knowledge, attitudes and skills that contribute to this wellbeing. Wellbeing is intrinsically linked to all aspects of a student's experience at school and beyond. It encompasses physical, emotional, cognitive, spiritual and social health and development, as well as contributes to; an understanding of self, developing and maintaining relationships with others, and participation in an active, healthy lifestyle.

Outdoor education within a PYP environment is more than just student participation in recreational activities and games. Its purpose should be to develop a combination of transferable skills promoting physical, intellectual, emotional and social development; to encourage present and future choices that contribute to long-term healthy living; and to understand the cultural significance of outdoor activities for individuals and communities. Therefore, in the PYP, there are specific opportunities for learning about movement and through movement in a range of contexts.

The development of an individual's wellbeing is defined through 3 common strands; Identity, Active Living and Interactions. It is these strands which are embedded throughout the PYP Outdoor Education curriculum.

Specific Program Objectives

At the completion of the Year 5 Outdoor Education program students should:

- Have strengthened relationships with their peers and teacher(s)
- Have a greater understanding and appreciation of Indigenous Australians and their culture and heritage.
- Develop an increased understanding of reconciliation processes and their importance.
- Begin developing an awareness of potential hazards and risks in a river environment, and take the necessary precautions to safely participate in aquatic river activities
- Start identifying their individual strengths that they can contribute when working in a group environment
- Demonstrate a basic understanding of canoeing and capsizing and using these skills to successfully paddle a canoe

Intended Year 5 Program

Dates & Times

The bus will depart from Dequetteville Terrace at 8.45am students are asked to arrive at 8.30am.

Staff

PAC Outdoor Education Staff are highly qualified and experienced Outdoor Educators. Staff are trained in First Aid and are familiar with the Scotts Creek environment.

Daniel Cibich	Director, Scotts Creek Outdoor Centre
David Buse	Program Coordinator
Samuel Ambrose	Outdoor Education Instructor

Communication Systems

The campsite has a direct phone line for emergency communication. On trips away from the residential camp, 4G and satellite phones are used for emergency communication.

Scotts Creek Outdoor Centre	08 8540 2231
Daniel Cibich	0436 636 565 (24 hours)

Daily Duties

One of the many activities that students participate in whilst on program is the care and maintenance of the space in which we live. Students come to realise that these jobs are not chores, but activities that are vital to the care and wellbeing of the campsite and the people we are camping with.

Initially, individuals are responsible for the tidiness and cleanliness of their own bed and personal gear. The members of each dormitory are responsible for sweeping and cleaning their room and surrounds. This includes emptying bins and ensuring that the lawn areas are free of litter.

During the program, boys will be expected to complete individual duties. These tasks are completed on a rotational basis, ensuring everyone gets a fair and equal opportunity to have input into the smooth running of the program. At Scotts Creek, the old proverb "many hands make light work" is evident.

Boundaries

One of the features of Scotts Creek is its areas of open space. These areas are sufficient for all of the program activities.

Safety Considerations

The Murray River represents a unique, wild environment in which to adventure. There are, however, dangers inherent within this area. The river tends to be slightly cooler than the sea and swimming pools, has a fluctuating water depth and has numerous underwater obstructions. All of these pose a risk and have the potential to cause injury or harm to swimmers. We ask that each parent reinforces the importance of adhering to the rules at Scotts Creek with their son.

The staff at Scotts Creek ensure that the complete safety of the students is always their top priority. Students can aid the staff and be responsible for their own wellbeing by following these "common-sense" rules:

Boys will be expected to wear Personal Floatation Devices in the water at all times.

Boys will be expected to wear shoes whilst involved in all aquatic activities and around SCOC.

Boys can only go down to the landing and waterfront area if a Scotts Creek staff member, or a supervising teacher accompanies them.

Boys must never dive from the bank.

Emergency Procedures

In the unlikely event of a serious accident or incident the Centre has an extensive and detailed Emergency Procedure plan.

In the event of an emergency at the Centre, a long and continuous siren will be sounded. Students and staff are expected to move to the meeting area immediately. A roll will be called to account for every member on the property. Once this has been completed the staff of Scotts Creek have specialised tasks to bring the emergency under control quickly.

The staff at Scotts Creek staff have developed expeditions that match the boys' level of experience. The Staff are trained and qualified in all outdoor activities and have means to evacuate students if the need arises.

Fire Extinguishers

Fire Extinguishers are an important and expensive piece of safety equipment. The Centre has numerous fire

