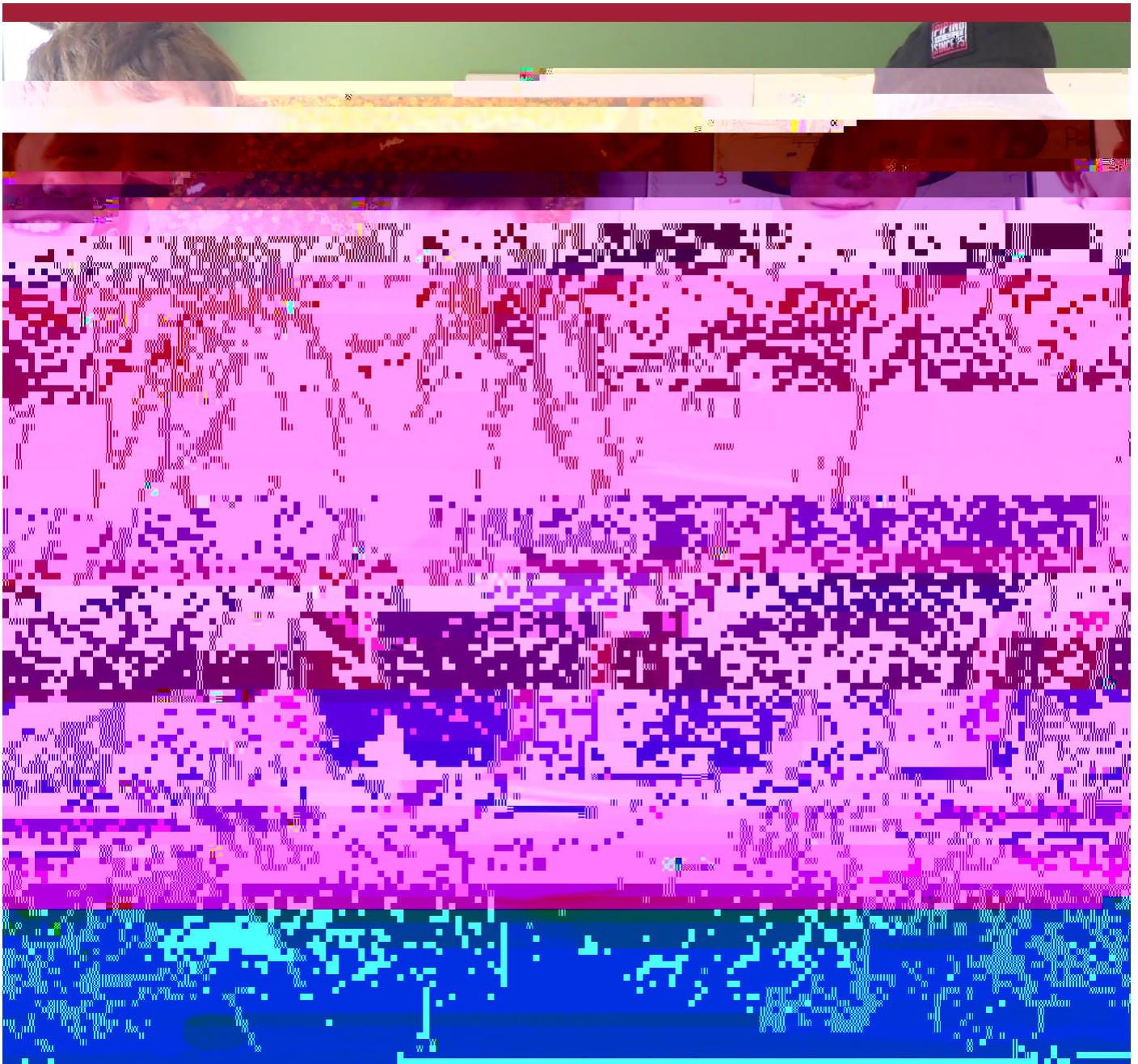




**PRINCE
ALFRED
COLLEGE**



March 2024

Dear Parents,

Your son will soon be taking part in the Year 6 Eco-Adventure Program at Scotts Creek. A major focus of the program will be the aquatic based activities. Boys will be taught the fundamental techniques and safety procedures of canoeing, as well as working together in small groups to develop their understanding of basic ecological concepts through a range of activities.

Scotts Creek is located seven kilometres south of Morgan on an anabranch of the Murray River. It provides a wonderful opportunity for outdoor and aquatic activities. We hope that your child's experience at Scotts Creek is both enjoyable and valuable.

To help your son prepare for this program, please note the following:

- See the attached sheet for a list of clothing. Make sure clothing is included which can get wet or dirty.
- Please see that all items listed are brought along are named.

- You will receive excursion information and consent in your Parent Lounge.
- Access via Home Page under (Events and Payments). View 'Other Details' and accept T&Cs and advise diet requirements.
- Complete the consent form 2-weeks before your camp date.

Log on to the PAC Parent Lounge and check that the medical and dietary details are up to date.

- Pack any specialist medication from home e.g. Ventolin, EpiPen etc. Inform the class teacher and Daniel Cibich of any current medication or special concerns.
- If your son takes ANY DAILY medication, complete and return a [_____](#). (including OTC medications such as Panadol).

If your son has tested positive for Covid in the 5-days prior to the start date, please do not send them on camp. Please do not send your son on program if he is unwell, displaying symptoms of Covid-19 OR is being tested for Covid-19.

Outdoor Education in the Preparatory School is concerned with the individual's well-being through the promotion and development of concepts, knowledge, attitudes, and skills that contribute to this well-being. Well-being is intrinsically linked to all aspects of a student's experience at school and beyond. It encompasses physical, emotional, cognitive, spiritual, and social health and development, and contributes to an understanding of self, to developing and maintaining relationships with others, and to participation in an active, healthy lifestyle.

Outdoor Education at PAC is more than just student participation in recreational activities and games. Its purpose is to develop a combination of transferable skills promoting physical, intellectual, emotional, and social development; to encourage present and future choices that contribute to long-term healthy living; and to understand the cultural significance of outdoor activities for individuals and communities.

At the completion of the Year 6 Outdoor Education program students should:

- Have strengthened relationships with their peers and teacher(s)
- Have a further developed awareness of potential hazards and risks in a river and malle environment and take the necessary precautions to safely participate to journey into these environments.
- **Identify** their own strengths that they can contribute when working in a

Dates & Times

The bus will depart from Dequetteville Terrace on Tuesday at 8.45am. Students are asked to arrive at 8.30am. The bus

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1. Broad brimmed hat
 2. Two pairs of shoes
 1. an old pair for aquatics (they will get wet)
 2. a comfortable pair for around the Centre and campsite
 3. Three sets of underwear
 4. Three sets of socks
 5. Two pairs of shorts
 6. Three T-shirts (collared are best)
 7. Long sleeved shirt
 8. Bathers/ board shorts
 9. Track pants
 10. Jumper
 11. Towel
 12. Toiletries
 13. Sunscreen, lip balm
 14. Waterproof jacket (parachute style material not appropriate)
 15. Water bottle (minimum 500ml)
Personal First Aid Kit*(see notes below)
Warm polar fleece or woollen jumper
Daypack or small backpack for the walk to camp out

 19. Small, compact torch with
 20. A compact, warm sleeping bag (Bring extra blankets if you don't think yours is warm enough)
 21. Single bed sheet (optional)
 22. Pyjamas
 23. Beanie
 24. Pillow & Pillowcase